



# **Training the EU health workforce to improve migrant and refugee mental health care (EU-MiCare)**

**Partners:**

*Ethno-  
Medizinisches  
Zentrum e.V.*



Cyprus  
University of  
Technology



Co-funded by the  
Erasmus+ Programme  
of the European Union



**EU-MiCare** is co-funded by the Erasmus+ Programme of the European Union

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### Project objective

The EU-MiCare project is targeting migrants and refugees' mental health needs. It aims to develop a specialized training program for mental health professionals and other health professionals interested.

### Specific objectives

- Enhance professional capacity to respond to the mental health needs of vulnerable migrant and refugee populations.
- Raise awareness about the potential of interdisciplinary and cross-cultural collaboration.
- Increase awareness of the relevant professional communities and organizations on the developed training.
- Increase possibilities of health professionals who work with migrants and refugees to benefit from the Erasmus+ program.
- Raise awareness on mental health issues among migrants and refugees, so they can easier identify them and be encouraged in asking for help.
- Enhance partner capabilities to develop and deliver appropriate training to health professionals working with migrants and refugees experiencing psychological discomfort.

## Beneficiaries

- 1** Health professionals (psychologists, psychiatrists, social workers, physicians, nurses), other professionals (cultural mediators, interpreters, counsellors, caregivers of unaccompanied minors) and volunteers working with migrant and refugee populations in various settings such as reception camps, NGOs, public mental health centres, hospitals, shelters for unaccompanied minors, etc.
- 2** Vocational Education and Training (VET) providers, developers of VET training and Academic institutions (targeted to further use and exploit the developed training).
- 3** Relevant professional associations, public sector and civil society organizations active in the field of migrant and refugee health.
- 4** Migrant and refugee populations (adults, children and their families, unaccompanied minors, as secondary target).

## Expected results

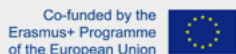
- Identification of the specific training needs and interests of professionals working with migrants and refugees by means of a co-creation participatory process (*Conceptual framework and co-created training scheme*).
- A comprehensive guide for the design of the training curriculum and the development of the materials (*EU-MiCare methodology & training package*)
- Training modules and communication/networking tools which can be accessed online (*EU-MiCare e-learning platform & digital learning tools*).
- Dissemination and exploitation activities, including the guidance for VET providers on how to implement the newly produced knowledge and training (*EU-MiCare dissemination and exploitation activities*).



## Strategies

- 1** **Co-creation activities**, performed through focus groups with the target groups in all consortium countries, including health professionals (psychologists, psychiatrists, social workers, physicians, nurses) and other professionals (cultural mediators, interpreters, counsellors), working with migrant and refugee populations.
- 2** Implementation of the **online pilot training course** in professionals and other people working with migrant and refugees in all partner's countries.
- 3** **4 national and 1 international** multiplier events to present the EU-MiCare results to several stakeholders from different countries.

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## Partners:

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Zentrum e.V.**



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<https://www.mimi-bestellportal.de/ethno-medizinisches-zentrum-e-v/>



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