



We are pleased to announce that the EU-MiCare project has successfully reached the end of its 1st period activities!

We are now working for the next phase of the project, which will make its results available to professionals in contact with migrants and/or refugees.

EU-MiCare "Training the EU health workforce to improve migrant and refugee mental health care" is a three-year project (October 2022, September 2025) co-funded by the European Union's Erasmus+ Program, focusing on the mental health needs of migrants and refugees.

The EU-MiCare project is targeting **migrants and refugees' mental health needs**. It aims to develop a specialized training program for mental health professionals and field workers including volunteers, who work in culturally diverse environments.

To date we have been working continuously to achieve the **project's objectives**:

- Enhance professional capacity to respond to the mental health needs of vulnerable migrant and refugee populations.
- Raise awareness about the potential of interdisciplinary and cross-cultural collaboration.
- Increase awareness of the relevant professional communities and organizations on the developed training.
- Increase possibilities of health professionals who work with migrants and refugees to benefit from the Erasmus+ program.
- Raise awareness on mental health issues among migrants and refugees, so they can easier identify them and be encouraged in asking for help.



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- Enhance partner capabilities to develop and deliver appropriate training to health professionals working with migrants and refugees experiencing psychological discomfort.

The following **achievements** have been completed during this period:

- ✓ An **updated profile of mental health training needs** for migrants and refugees from Germany, Greece, Cyprus, Italy and Spain has been carried out.
 - ✓ **Co-creation and co-validation sessions** were conducted to gather the experiences and specific needs of professionals working with migrants and/or refugees.
 - ✓ The materials that will be included in the online training program have been designed and validated through a **Training of Trainers**.
 - ✓ An **online platform** has been created where all the training materials will be available free of charge has been established to provide free access to all training materials.
- Achievement of these milestones leads to the **next phases of** the project:
 - Converting the training contents to an online environment.
 - Making the content available through an electronic platform and a mobile app.
 - Ensuring the content is available in all languages of the consortium.
 - **Objectives** of these next phases:
 - Increase the sustainability of the training package.
 - Make the training package easily accessible to all stakeholders.
 - **Features of the platform:**
 - Users can access the training modules and materials developed.
 - Participation in learning activities is facilitated.
 - Innovative evaluation tools are available to assess user performance.





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