

The EU-MiCare Symposium marks the end of the project

On September 16, 2025, the EU-MiCare Symposium: "Toward inclusive mental health care for migrants and refugees" was held in Berlin and online. We discussed current challenges in mental health and migration, shared experiences, and presented the results of the EU-MiCare project. The event brought together international experts, policymakers, healthcare professionals, and social organizations, with the aim of strengthening the European network of cooperation in mental health for migrants and refugees.



Photo: Clara Carrara

Main insights from the EU-MiCare Symposium

The first part of the event focused on challenges and barriers in the field of mental health for refugees and migrants. The **first KeyNote Speech** was held by Jenny Baron from the Federal Working Group of Psychosocial Centers for Refugees and Victims of Torture (BAfF) in Germany. She highlighted how, ten years after Angela Merkel's historical phrase „We will make it („Wir schaffen das“), the access to mental health care for asylum seekers and refugees is still characterized by several barriers, some of them rooted in restrictive migration laws. In the **Lightning Talks and Round Table**, experts from the fields of psychology and social work exchanged on Good Practices in the mental health care provision. These included an innovative online psychotherapy program in Arabic (Ilajnafsy), the Value Based Counseling Method VBC®, a holistic and outreaching project carried out in asylum seekers and refugee shelters in Berlin (Bayan project), as well as the approach of person/family centred networks used by Babel Day Center in Athens, Greece. The session aimed to learn from other experiences and discuss the sustainability and transferability of the good practices to other settings.

The second part of the Symposium was dedicated to the EU-MiCare project in particular. **Prof. Renos Papadopoulos** from the University of Essex (England) – a renowned expert in the field of mental health and migration – introduced the theoretical foundation of our training in his inspiring talk „Basic Framework for the training of staff working in Migrant and Refugee Mental Health” (the PowerPoint Presentation and the recording can be found here ([link to website](#))). Following this, the EU-MiCare Team reconstructed the **process development of the EU-MiCare Training**, from the preparatory activities to the course development and finally to the e-Learning Platform. The EU-Symposium was also the chance to present the results of our pilot phase (see below).

First results of the EU-MiCare Training Pilot Phase

The pilot phase of the EU-MiCare training programme was carried out between June and August 2025. The official launch of the e-learning platform and of the pilot phase coincided with four introductory webinars, which attracted **over 230 participants**.

During the pilot phase, 389 professionals and volunteers from accross Europe registered on the learning platform; of these, 267 started the courses and 86 completed at least one module. We had course participants from all consortium countries (and beyond), with a notably high participation in Germany and Italy.

We are happy about all the positive feedback we received during the pilot phase and are working on including participants' reccomendations into our final report.

End of the project... what's next?

Although our project has reached its official end, the course will remain available on our e-learning platform for the next two years. Also receiving the final certificate will still be possible.

Some of the course materials and additional sources from our Symposium were additionally made available on our project website. They can be freely downloaded, adapted and used in the framework of organisations, VET providers etc.

Let our project continue beyond our Consortium and after its official end by using our materials in your professional settings! Do not miss this unique learning opportunity!

National Events

The project conclusion was marked also by National Events that took place in all partner countries to promote knowledge sharing and professional exchange at the national level.

Italy - 10.09.2025

Greece - 22.09.2025

Spain - 22.09.2025

Cyprus - 30.09.2025



Photo: Clara Carrara

Available on our website

- Main Course Materials (All Curriculums, all languages)
- Training Adaptation Toolkit
- Supplementary Materials (e.g. Recordings and Presentations of the EU-MiCare Symposium)

About EU-MiCare

EU-MiCare (*"Training the EU health workforce to improve migrant and refugee mental health care"*) is a three-year project co-funded by the European Union's Erasmus+ Program. It strengthens mental health support for migrants and refugees through a specialized training program for health professionals, field workers, and volunteers.

The **online training program** consists of four modules covering psychosocial foundations, assessment and management of mental health needs, and self-care for professionals and volunteers. It is designed for psychologists, social workers, physicians, nurses, cultural mediators, interpreters, counselors, caregivers, and all professionals and volunteers working with migrants and refugees.

Each course is available in English, German, Greek, Italian, and Spanish, and includes interactive learning tools, self-assessment exercises, a glossary, supplementary materials, and a Community of Knowledge for peer exchange.

By the end of the course, participants will gain:

- ✓ Knowledge - Insights into the psychosocial realities of migration
- ✓ Skills - Practical tools to support diverse responses to adversity beyond trauma-focused models
- ✓ Attitudes - A culturally sensitive, reflective stance grounded in respect and curiosity
- ✓ Connections - Access to a European network for shared learning and professional exchange

OUR PARTNERS

Ethno-Medizinisches Zentrum e.V. -

Germany (Coordinator)

Polibienestar - University of Valencia -

Spain

Prolepsis - Greece

Cyprus University of Technology - Cyprus

Zadig srl. Società Benefit - Italy

Syn-Eirmos NGO of Social Solidarity /

Babel Day Centre - Greece

THE PROJECT ENDED ON SEPTEMBER 30TH, 2025.

Visit our website to find all project materials and report.

Thank you for having been part of EU-MiCare!



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